



Your Money Values

What do you value most regarding money? What words do you associate with money?

Comfort	Travel	Luxury	Flexibility
Frugality	Happiness	Control	Generosity
Security	Food	Spirituality	Children
Relationships	Giving	Splurge	Fun
Location	Stability	Career	Peace
Family	Future	Freedom	Retirement
Spontaneity	Adventure	Status	Gratification
Health	Nature	Trendy	Status

Note: Please add any unlisted words or values that come up for you!

How do the ways you use money (save, spend, invest, give) reflect your money values? How do the ways you use money not reflect your money values? Please elaborate.

What changes, if any, do you want to make to how you use money? Why?

What do you want to remain the same about how you use money? Why?